

Family Focus Therapist and Resource Coordinator

Elements Wilderness Program is a highly respected accredited outdoor behavioral healthcare program providing an intermediate level of mental health and substance abuse treatment. We work with young men, aged 13 – 17 who are struggling emotionally, behaviorally and/or relationally.

The Family Focus Expedition is one of the therapeutic services provided by Elements Wilderness Program. This dynamic 3-day intervention brings together the whole family along with the student who is enrolled in the wilderness program. We are seeking an individual who can facilitate a therapeutic process for families by identifying family dynamics, issues in communication, and assisting families develop skills to deepen feelings of connection and understanding.

Job Description/Overview:

- Co-facilitate Family Focus experiences as scheduled (typically 1Xweek).
- Bring together family systems work and experiential therapy to create meaningful and effective interventions for families.
- Engage in preparation calls with family members prior to Family Focus experiences.
- Participate in weekly consultation with family therapists.
- Support logistical needs of therapeutic process (prepare by packing gear and breaking gear down after the family focus)
- Provide care for families out in the field (preparing meals over campfire/stoves, addressing medical concerns in the field, setting up camp, transportation of families into the field, etc.).
- Will participate in continuous quality improvement and team development, appropriate and timely communication with team members, families, and educational consultants.
- Create and maintain therapeutic resources for program/families (i.e. webinars, family curriculum, resources for families and therapists on dropbox, etc.).

Qualifications: Ideal candidates will be fully licensed in state of Utah or working on obtaining needed hours to be licensed. LCSW/CSW, LCHMC/CHMLC, or LMFT/MFT.

- Knowledge of mental health, family systems, child/adolescent development, addiction treatment, and diverse therapeutic approaches/theories.
- Previous experience working in wilderness therapy as a therapist, field staff, or administrative/supportive position.
- A minimum of 1-3 years experience providing therapeutic services.
- Experience and competence with crisis intervention and conflict management.

Knowledge, skills and abilities:

- Knowledge and experience with a variety of therapeutic modalities including family systems work, trauma informed therapy, DBT, and substance abuse recovery approaches.
- Strong written and oral communication skills, as well as organizational skills.
- Customer service oriented.
- Ability to maintain healthy professional boundaries, as well as foster a supportive environment for families and team members.
- Ability to work in a team environment and collaborate with professionals (educational consultants, primary therapists, field staff, etc.).
- Ability to work with students and families of varied backgrounds, educational levels, and ethnic origins. Must demonstrate acceptance and respect for cultural diversity in all its forms, including ethnicity, sexual orientation, abilities, and religious backgrounds.
- CPR and WFR preferred.

Position includes a competitive salary, health/dental insurance, opportunities for professional development, and vacation time.

If interested, please send your cover letter and resume to jessa@elementswilderness.com and lynn@elementswilderness.com or contact Jessa at 603-969-2684 and/or Lynn at 801-910-7286.